**Volunteer Opportunities and Resources for Your Senior Project**

*We’ve had some great speakers, but please remember to also check the links on my web site, kiestersclasses.weebly.com. Go to my “Senior Project” link on the left. We have another fantastic resource person who has worked directly with Columbia in the past:*

**Irene F. Gonzalez**(contact about internship and volunteer opportunities for CHS seniors)  
Business Opportunity Specialist  (208) 334-1673  [irene.gonzalez@sba.gov](mailto:irene.gonzalez@sba.gov)

**Speaker Contact Information**

1. **Caroline Collins- Peak Mental Wellness & Counseling**  
 (208) 459-4412 [caroline@peakmwc.com](mailto:caroline@peakmwc.com)  
 \* She is also a professor at NNU in the Department of Social Work   
 (208) 467-8051 [cecollins@nnu.edu](mailto:cecollins@nnu.edu)  
2. **Captain Flavel- Nampa Fire Department** (can also connect your for paramedics)  
 [flavelt@cityofnampa.us](mailto:flavelt@cityofnampa.us) (208) 468-5775  
3. **Logan Brewer- Canyon Country Probation Officer**  
 [lbrewer@canyonco.org](mailto:lbrewer@canyonco.org) (208) 454-6652  
4. **Michael Fuss- Public Works Director** (City of Nampa)  
 [FUSSM@CITYOFNAMPA.US](mailto:FUSSM@CITYOFNAMPA.US) (208) 466-5420  
 **Departments**- Fleet Shop- Mechanic (job shadow), Environmental compliance (job shadow), construction, (job shadow), Nampa Airport, Mayor’s Student Council, Wastewater & Water (job Shadow), Electrician (apprentice)

**5. Dr. Carter Andrews – Veterinarian at Bench Animal Hospital (Boise)** benchanimalhospital.com (208) 345-6771 *Will accept job shadowers and volunteers*   
6. **POST Academy (Police Academy in Meridian)** *See Mr. Diplock or Officer Hoiosen if needed.*  
 <http://www.post.idaho.gov> 208.884.7250   
**7. Nampa Police Department**Ride Along Program**=** Must be at least 16 and have parent or guardian authorization, no felonies, no misdemeanors  
Come to the police station M-F 8-7 or Sat. 10-5. Bring identification and parent or guardian. Go to records window and ask for a “Ride Along Waiver”. Once you’re approved someone will schedule your ride along.   
Internships- Background check and teacher/professor letter of recommendation required  
To receive an application for being an intern, contact Sgt. Joe Ramirez.

**8. Sgt. Portillo (Marines)**[christophe.portillo@marines.usmc.mil](mailto:christophe.portillo@marines.usmc.mil)  
(208) 484-9768

9. **Silverhawk Aviation (Helicopter School)**  
silverhawkaviation.net   
Alisha Sweeney- Student Services  
[alisha@silverhawkaviation.net](mailto:alisha@silverhawkaviation.net) (208) 453-8577

10. **St. Al’s Nampa**   
Heather Lerdall [lerdallh@trinity-health.org](mailto:lerdallh@trinity-health.org)  
*Remember that you can volunteer in many parts of the hospital. An application process is involved.*11. **Micron** (see email below from our presenter)  
*We host a full day job shadow event three times per year, typically in October, December, and March or April. The dates are set and posted on our website in August (*[*micron.com/k12*](http://micron.com/k12)*). Students register through their career counselors. We do not support individual job shadows.*

12. **Chelsea Lincoln- Behavior Therapist and Lobbyist**  
Van Beechler: [ebeechler@gmail.com](mailto:ebeechler@gmail.com) Chelsea Lincoln: cgaonalincoln@gmail.com

13. **Sam Galvan- CWI** Career Services Manager- College of Western Idaho  
Office: 208-562-2443 Cell: 208-284-0556 email: [samgalan@cwidaho.cc](mailto:samgalan@cwidaho.cc)

14. **Tonia White- Radiologist** (208) 941-4911